

OOSH-KII-MII-KAH-NAH (NEW ROADS) HALFWAY HOUSE
GII-WAA-DIN (NORTHERN WINDS) TREATMENT CENTER
INDIAN & FREE PREVENTION/TREATMENT PROGRAM
MEDICATION ASSISTED RECOVERY SERVICES
PREGNANT WOMEN & FAMILIES PROGRAM
NORTHERN WINDS TREATMENT CENTER
ALCOHOL REHABILITATION PROGRAM
PONEMAH OUTPATIENT
RED LAKE GROUP HOME
HALFWAY HOUSE





The mission of the Red Lake Chemical Health Programs is to enhance the well being of all Red Lake Tribal Band Members through alcohol and drug abuse prevention, education, intervention, and treatment.

All programs are based in Anishinaabe culture and philosophy to strengthen the minds, bodies, and spirits of Red Lake Reservation members, families and communities.

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Option to add head shots or group photo here (?)

Tom Barrett Executive Director 218-679-1545 Reyna Gonzalez-Lussier Project Director 218-679-1547 Salena Beasley Administrative Officer 218-679-1543



### PONEMAH DEPENDENCY OUTPATIENT PROGRAM (MINO AYAWIN)



Satellite Facility in Ponemah (O-Bah-shiing) ~ Began operation since 1993

#### **SERVICES INCLUDE:**

Individualized Treatment Plans

Individualized Counseling

Outpatient Group Counseling Tuesday-Wednesday-Thursday @ 1:00pm

Alcohol/Chemical Dependency Education

Aftercare Planning and Referrals

Anger Management

Incorporate the 7 Traditional Teachings

Rule 25 Assessments

Case Management

Mental Health Referrals

Spirituality and Guidance Upon Request

Relapse Prevention

Physical Abuse Referral

Sexual Abuse Referral

Transportation available to attend counseling sessions

Ponemah Outpatient offers a Monday night AA at 7:00pm On call 24 hours a day 7 days a week

#### **Outpatient Eligibility Requirements**

16 and older

Court or Self Referral



#### **Contact Information**

Ponemah Outpatient Program PO Box 318 | Ponemah, MN 56666 218-554-7425 | Fax: 218-554-7325

> Lisa Whitefeather, Outpatient Supervisor 218-554-7425 lisa.whitefeather@redlakenation.org



## **ALCOHOL** REHABILITATION **PROGRAM**



Began operations in 1969 (Giles Hart) ~ Provided Prevention & Treatment to our Red Lake Community.

#### SERVICES INCLUDE:

Alcohol, Drug and Tobacco cirriculum in the Schools Individualized Counseling Alcohol and Chemical Dependency Education Rule 25 Assessments

Cultural Camps:

Hunting Camp, Sugar Bush Camp,

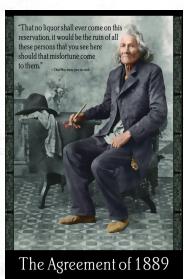
Back to School Fest Fishing Derby Sobriery Spirit Run

Miikawaadizi (Be Beautiful) -Community RibbonSkirt Fashion Show

Our Red Lake Spirit Digital Story Telling

Aftercare Services

On Call 24 hours a day, 7 days a week



#### **Contact Information**

Alcohol Rehabitliation Program PO Box 114 | Red Lake, MN 56671 218-679-3392 | Fax: 218-679-2450

> Karen Norris-Barrett, Supervisor 218-679-1546 KBarrett@@redlakenation.org



## INDIAN & FREE DRUG PREVENTION/TREATMENT PROGRAM



#### Began operations in 1973 this program funded by Block Grant Funded.

The Indian & Free Drug Prevention/Treatment Program strengthens all efforts to provide alternatives for the youth and adults on the Red Lake Reservation to promote social and behavioral skills needed to live a chemical free lifestyle.

Most importantly, to promote a healthy lifestyle to all four communities: Ponemah, Little Rock, Redby and Red Lake.

Our unique aspect with the Indian & Free Drug Prevention/Treatment Program is that it is the only Federal Block Grant Awarded to and Indian Reservation.

#### SERVICES INCLUDE:

Individualized Counseling	Red Lake Nation
	Varith Ca Ed Cafth

	Toutil Co-Lu Soltball League
Adolescent Prevention Support Meetings	
Tuesday and Thursday @ 3:30nm	Youth Conference

Family Counseling	Wellness Gathering

Individualized Treatment Planning	Traditional Gathering

Educational Seminars	Educational Seminars

Coping Skills	NYE Gathering

Aftercare Planning	Back to School Fest
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Rule 25 Assessments for Adolescents only	Alcohol/Drug Education
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Peer Mediation/Counseling	Red Lake Youth Council

Seasonal Recreation Activities	On Call 24 hours a day,
	7 days a week



#### **Contact Information**

Red Lake Indian & Free Prevention/Treatment Program
PO Box 100 | Red Lake, MN 56671
218-679-3321 | Fax: 218-679-2727

Charles Prentice, Supervisor CPrentice@redlakenation.org



# PREGNANT WOMEN AND FAMILIES PROGRAM



Began operations in 1973 this program funded by Block Grant Funded. Designed to meet the needs of pregnant women

#### SERVICES INCLUDE:

Individualized Treatment Plan

Individualized Counseling

Outpatient Group Counseling:

Tuesday-Wednesday-Thursday @ 1:00pm

Alcohol/Chemical Dependency Education

Aftercare Planning and Referrals

Rule 25 Assessments

Case Management

Mental Health Referrals

Spirituality and Guidance Upon Request

Relapse Prevention

Physical Abuse Referral

Sexual Abuse Referral

Creative Art Therapy/Native Crafts

Prevention Education on Fetal Alcohol Spectrum

Transportation provided to group counseling

Intake/assessment

Positive cultural education, life skills, taking circles, & nutrition education

Native values & Parenting

On Call 24 hours a day, 7 days a week



#### **Contact Information**

Red Lake Pregnant Women & Families PO Box 114 | Red Lake, MN 56671 218-679-3391 | Fax: 218-679-3302

Shelley English, Supervisor Shelley. English@aredlakenation.org



# RED LAKE ADOLESCENT GROUP HOME



Referrals to the Red Lake Group Home are most often initiated by the Court System and/or Social Services in an effort to provide unsettled youth and opportunity for change.

Most referrals are youth who are having a difficulty at home, school or within the community.

The Group Home gives these young people an opportunity to explore their current behavior/attitudes and a chance to discover a healthier and more positive lifestyle. It is our goal to provide quality care to each resident during their program at the Group home and to promote a positive transition back into their homes and community.

Our target population is American Indian Youth, however, we will accept non-Indian adolescents, who need placement in a structured program.

If you would like to consider us as a placement resource, the following is needed prior to admission:

**Funding Source** 

Placement Order

Copy of Physical Exam within the last 6 months

Copy of Immunization Record

Academic Record

#### **RESOURCES**

Red Lake Tribal Council

Red Lake Alcohol Rehab

Red Lake Outpatient Program

Red Lake Indian & Free Drug Abuse Program

Red Lake Halfway House

Indian Health Services

Red Lake Indian Health Services

& Behavioral Health

Psychological Services

Red Lake School District

Red Lake Family & Children Services

Red Lake Criminal Justice Complex

#### **SERVICES INCLUDE:**

Individualized Treatment Plan

Individual Counseling

Group Counseling

Family Counseling

Alcohol/Chemical Dependency

Education & Services

Coping Skills

Recreational Activities

Aftercare Planning & Referrals

Independent Living Skills

#### **Contact Information**

PO Box 114 | Red Lake, MN 56671 218-679-2305 | Fax: 218-679-3898

Elwyn Jourdain Jr., CADC III., Supervisor Elwyn.Jourdain@aredlakenation.org



## NORTHERN WINDS TREATMENT CENTER (GII-WAA-DIN)



#### Began operations in 1987.

The Mission of the Red Lake Nation Oosh-Kii-Mii-Kah-Nah (Halfway House) and Gii-waa-din (Northern Winds) is to provide the best quality Chemical Dependency Primary Treatment services to all Red Lake Nation Tribal enrolled members and all Federally Recognized Tribal Members, residing on/off the Red Lake Nation Reservation. This is achieved by treating every client individually and blending our Native American Traditions and Beliefs with the 12-Step Alcoholics Anonymous program, in accordance with Minnesota State Statue.

Gii-waa-din (Northern Winds) does not discriminate against people regardless of their race, color, religion, sex, sexual orientation, age or disabilities.

Gii-waa-din (Northern Winds) is under the direction of the Red Lake Chemical Health Programs and is governed by the Red Lake Band of Tribal Council.

Gii-waa-din (Northern Winds) is a 15-bed co-ed facility: 10 male, 5 female.

#### SERVICES INCLUDE:

Individualized Treatment Plan Case Management

Individualized Counseling Mental Health Referrals

Group Counseling Spirituality and Guidance

Alcohol/Chemical Dependency Education Cultural Events

Aftercare Planning and Referrals Recreational Therapy

90 days to 30 day Program, transition to Halfway House Relapse Prevention

Co-Ed Facility 13 Beds: 8 males, 5 females Nursing on duty 40 hours a week

Medication Management Work along with Behavior Health at I.H.S. to focus on Mental Health

Rule 25 Assessments AA Tuesday at 6:00pm

#### **Contact Information**

Red Lake Northern Winds / Red Lake Halfway House PO Box 114 | Red Lake, MN 56671 218-679-3387 | Fax: 218-679-2888

> Douglas Jourdain, NWTC Supervisor Douglas.Jourdain@redlakenation.org

Transportation



## HALFWAY HOUSE (NEW ROADS) OOSH-KII-MII-KAH-NAH



## SERVICES INCLUDE (CONTINUED):

Physical Abuse Referral

Sexual Abuse Referral

Residential/transitional housing for individual in recovery.

Help client establish employment

#### MEDICAL SERVICES

We have a written agreement with IHS to provide the following services to clients:

Medical Examinations

Eye Exams

**Emergency Services** 

Mental Health Services

**Pharmacy Services** 

#### **FUNDING SOURCES:**

Self Pay

Minnesota Consolidated Treatment Funds

Tribal Funds

County Funds

Department of Corrections

Federal Bureau of Prisons

#### **ADMISSIONS CRITERIA:**

16 years of age

Be assessed as chemically dependent person

Chemically free of alcohol and drugs, unless prescribed

Medically Stable

#### PERSONS NOT ELIGIBLE:

Convicted Sex Offenders

Persons under the influence of alcohol or drugs, unless prescribed

Those who may pose substantial threat of physical harm to themselves or others.

#### **Contact Information**

Red Lake Northern Winds / Red Lake Halfway House PO Box 114 | Red Lake, MN 56671 218-679-3387 | Fax: 218-679-2888

Robert Johnson, HWH Supervisor Robert.Johnson@redlakenation.org



### MEDICATION ASSISTED RECOVERY SERVICE (M.A.R.S)



Began operations Nov. 13, 2017.

An Outpatient clinic specializing in the person-centered treatment of Opioid Dependency using medically administered Buprenorphine

#### INDUCTION REQUIREMENTS

Intake (pre-screening tool)

Complete a Rule 25 with appropriate recommendations for MAT/Outpatient Services

Must have Active M.A (Medical Assistance); documentation of application completed or denial letter.

Priority will be given to: Elders, Pregnant Women, IV users

Pregnant Women past 3rd Trimester must enter and complete Inpatient Treatment

Pregnant Women will be administered Subutex

## UPON INDUCTION TO R.L.M.A.R.S, CLIENTS ARE REQUIRED TO:

Dose Daily (Suboxone/Subutex)

Required to attend Prenatal Appointments

Be prepared to provide a UA daily

Refrain from any and all Illicit Drug Use

Develop Treatment Plan with Counselor

Attend Groups (Based on Treatment Plan)

Meet 1:1 with Counselor (Based on Treatment Plan)

Adhere to Policies and Procedures of R.L.M.A.R.S

#### SERVICES INCLUDE:

Treatment with approved medications

Medically Supervised withdrawal from opioids utilizing Suboxone (buprenorphine/nalaxone), Subutex (buprenorphine)

Mental Health Resources and Referrals

Physical Exams upon Medical Intake

Daily Urinalysis (Rapid / Confirmatory)

Treatment Planning

Individual Counseling

Group Counseling

Education on Addiction

Education on Suboxone and Subutex

Transportation

Mental Health Resources & Referrals



#### **Contact Information**

Red Lake Medication Assisted Recovery Services (M.A.R.S)
PO Box 114 | Red Lake, MN 56671
218-679-1199 | Fax: 218-729-2447

Tashina Branchaud, Supervisor Tashina.Branchaud@redlakenation.org



#### Red Lake Chemical Health Programs

PO Box 114 | Red Lake, MN 56671 218-679-3995 | (218) 679-3976 (Fax) chemicalhealth@redlakenation.org

